



The Plastic Surgery Experts

Mark Mandell-Brown, M.D., F.A.C.S.

Otoplasty Instructions

1. Dressing is worn first night of surgery and will be removed the day following surgery by our staff.
2. Following this, a ski-cap type hat or headband should be worn for the next two weeks to protect the ears while sleeping.
3. Sleep on your back for six weeks.
4. Do not wear pullover clothing for ten days following surgery. Use button-down shirts only.
5. Clean the incision behind the ear every two hours, which should be six times a day, with Hydrogen Peroxide, and then follow this with Polysporin ointment applied on a Q-tip to the incision.
6. Do not pull the ears under any circumstances.
7. You may shower on the day following surgery; however, keep the ear dry and do not wipe or pull at the ears.
8. If there is any redness, swelling, increased pain, or drainage, please contact the office immediately.

**FAILURE TO FOLLOW THESE INSTRUCTIONS EXPLICITLY MAY
COMPROMISE YOUR RESULT**

Mandell-Brown Plastic Surgery Center

10735 Montgomery
Cincinnati, Ohio 45242
513/984-4700

www.theplasticsurgeryexperts.com