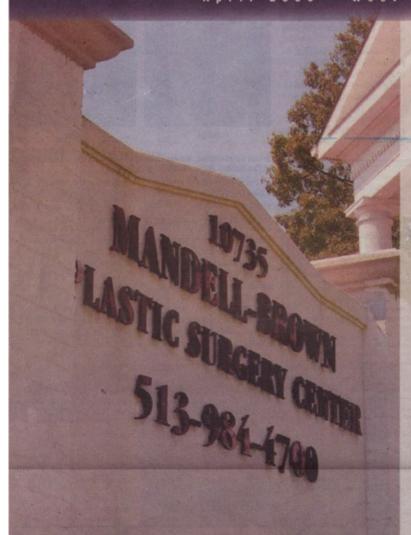
Creative L





Health & Fitness: Spend the summer swimming and playing at Western Tennis & Fitness Club's pool.





At Home: American Heating & Air Conditioning offers three generations of quality service.





At Home: President John Steuer checks some of the high quality windows as they arrive at Window World.

ALSO INSIDE

- Farms & Flowers......3
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Looking Good: Dr. Mark Mandell-Brown is recognized for natural figure enhancement all of which he can perform at his plastic surgery center.

Dr. Mark Mandell-Brown recognized for natural figure enhancement

Considering breast augmentation but concerned about looking unnatural? Wishing you could skip the summer months since you prefer not to be seen in swim

Cincinnati's Facial Plastic and Body Cosmetic Surgeon, Dr. Mark Mandell-Brown has perfected his natural figure enhancement.

According to one of the tri-state's "Top Docs" in cosmetic surgery, communication and planning are critical to achieving a natural look

"I spend approximately one hour with the patient in consultation regarding breast augmentation and other body cosmetic procedures. More importantly, we don't go by cup

LOOKINGGOOD

size," Dr. Mandell-Brown

Patient Coordinator, Kimberly Washburn. related, "We ask the patients to bring photos from magazines or the internet for the breast size they seek. This helps Dr. Mandell-Brown let them know if the size





is realistic for them." Dr.

that the photos, patient's

Mandell-Brown added

measurements, and

how they look with a

the final implant size.

Mary J.'s daughter

underwent breast aug-

Mandell-Brown. "I can't

believe how natural she

looks. She fills out her

bathing suit and clothes

so nicely, but it looks so

natural with her new

enhancement."

mentation with Dr.

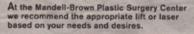
temporary sizer during

surgery help determine

Breast augmentation, tummy tucks and liposuction can all be performed at The Mandell-Brown Plastic Surgery Center

Need A Lit





The Fraxel Laser requires 3 o 4 treatments and improves skin texture, skin pigmentation, and helps restore some collagen for a fresher appearance.

Our Quick Facelift takes around one hour and recovery is 3 to 4 days. This rejuvenator the eagging oheek area and is performed under local anesthesia.

Our Mild Facelift takes around 1 1/2 hours and recovery is typically 4 days. This improves the cheek sagging as well as neck sagging. This is performed with twilight or IV sedation

The Mandell-Brown Natural Lift takes around 2 hours and recovery is 7 days. This improves the cheek and neck for maximal restoration for a more youthful appearance. This is also performed with IV sedation or twilight anesthesia

All procedures are performed at our highly accredited and nationally acclaimed surgery center offering the amenties of the hospital and the privacy of an office setting.

Find out why more cosmetic patients are seeking the advice and expertise of Dr. Mark Mandell-Brown.

· Facelift · Mid Facelift · Quick Facelift · Nose Reshaping · Eyelid Surgery · Botox · Fraxel · Breast Augmentation · Liposuction - Turnmy Tuck - Sculptra - Restylane

One area gynecologist did a double take when Dr. Mandell-Brown's patient asked him what she thought of her new shape. He related how he sees many women with implants, but was impressed how natural she looked.

Breast Augmentation.

Tummy tuck procedures, and liposuction can all be conveniently performed at the Mandell-Brown Plastic Surgery Center located in Montgomery near Bethesda North. With the amenities of the hospital operating room and the privacy of the office setting, patients are delighted to find they don't have to go to a hospital.

"Our goal is to strive to help every patient feel good about themselves," stated Sharon Sweltzer, another patient coordinator at the Mandell-Brown Plastic Surgery Center. Consultations can be made by calling 984-4700 or visiting the web site: theplasticsurgeryexperts.com.



THE PLASTIC SURGERY EXPERTS

MANDELL-BROWN PLASTIC SURGERY CENTER

www.theplasticsurgeryexperts.com

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Creative Living

Creative Living Magazine is a monthly lifestyle magazine that is published the third Wednesday of every month inside The Community Press & Community Recorder. The mission of Creative Living is to make our readers' lives easier and more entertaining through new and unique products, service or events that are offered by businesses in the local community. For questions, contact Specialry Publications Editor, limmy Dinsmore at 513-591-6110 The Community Press.

